

Notice : Measles and Rubella (MR) Vaccination (2nd term)

Provisional Translation

Children, one year before entering elementary school (in their final year of kindergarten or day-care center) are eligible for the MR Vaccination (2nd term). Measles and Rubella are highly contagious diseases. Vaccinations are very important to protect children's health and to prevent the spread of infection to other people. Before the vaccination, please carefully read the booklet, 'Vaccination and Children's Health' and fully understand the effectiveness and side effects of the vaccines, and please have your child/children vaccinated.



Tsukuba City Mascot
Captain Hookun

Eligibility

Children who are registered in Tsukuba City on the day of vaccination, and were born from April 2, 2018 to April 1, 2019

When

From April 1, 2024 to March 31, 2025
Recommended period: April - June 2024

Cooperating medical institutions for ①②



Where

Please make an appointment in advance.

- ①The cooperative medical institutions for vaccination affiliated with the Tsukuba City Medical Association.
 - ②Medical institutions affiliated with the Ibaraki Prefecture Medical Association.
 - ③Medical institutions other than those mentioned above. (**Apply beforehand**)※1
- Note1: If you receive a vaccination without applying for it, you may have to pay the full amount yourself.

For more details, please visit the website 「協力医療機関以外で定期予防接種を受ける場合」 *When receiving routine vaccinations outside of designated medical institutions (only available in Japanese).*

Fee

Free of charge

Please note that after March 31, 2025, you will be required to pay the full amount, which is approximately 10,000 yen.

What to bring

Please bring the following to the medical institution on the day of the vaccination:

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1. Maternal and Child Health Handbook (*boshi kenko techo*)
2. Pre-vaccination questionnaire for DT vaccination (enclosed)
3. Health insurance card or documents for verifying your child's age and address.
4. Letter of authorization (Only in cases where the presence of a parent or a guardian is unavoidably impossible)

Others

- We have sent this notice to eligible residents in Tsukuba City as of the end of February 2024. **Please pay attention: If you have received a notice, and you are not a resident in Tsukuba City on the vaccination date (e.g., you moved out of the city), you are not eligible for subsidies and may be required to pay the full costs by yourself.**
- If children have already received vaccinations twice at the age of one and older, overseas or at your own expense, they do not need this vaccination because children have antibody titers. If you wish to have them vaccinated again, please contact your doctor.
- The notice may be delivered to residents who have already been vaccinated such as those who have been vaccinated before moving to Tsukuba, or vaccinated on a voluntary basis. We apologize for the inconvenience, but please discard the notice.

**Your child will enter elementary school 1st grade next year.
The table shows the types of vaccinations and how many doses your child needs to get vaccinated before entering school.**

Check your child's vaccination history in their Maternal and Child Health Handbook (*Boshi techo*).

Vaccines	Doses	Ages of the routine vaccinations
Hib	4 doses maximum (※1)	2 months old to under 5 years old
Pediatric Pneumococcus	4 doses maximum (※1)	2 months old to under 5 years old
DPT- IPV Combination	4 doses	2 months old to under 7 years and 6 months old
BCG	1 dose	Under 1 year old
Measles, Rubella (MR)	2 doses	Phase 1: over 1 year old to under 2 years old Phase 2: One year before entering elementary school
Chickenpox	2 doses	Over 1 year old to under 3 years old
Japanese Encephalitis	3 doses	6 months old to under 7 years and 6 months old

(※1) The number of doses of Hib and Pediatric Pneumococcus vaccines changes with the age at the starting time. The doses in the table shows when children start the vaccination from 2 months to under 7 months after birth.

If your child has not completed the prescribed doses or has never been vaccinated before, please ask your family doctor and make a vaccination schedule.

※If your child is older than the target ages, vaccinations are optional. You need to pay the whole vaccination costs. The compensation for severe side effects (health damages) will be made by the Pharmaceuticals and Medical Devices Agency. (The compensation system is different from the routine vaccination cases.)

※ Children who are older than the target ages may not be allowed some optional vaccinations according to the attached document on the vaccine (age regulations).

Please see the Tsukuba City website, Life Plan *Sukoyaka*, 'Vaccination and Children's Health', or the website of the Ministry of Health, Labour and Welfare for more information of vaccinations.

Contact: Vaccination and Infection Control Management Office **029-883-1111**
