

Important Notice for first-year junior high school girls and their guardians

We offer vaccination against the Human Papillomavirus (HPV), which can cause cervical cancer. Eligible individuals can receive the vaccination at public expense. Currently, proactive recommendations for HPV vaccination have been resumed. By getting vaccinated and undergoing cervical cancer screening, you can expect prevention of cervical cancer and reduction of mortality. Please consider vaccination after understanding the vaccine's effectiveness and potential side effects.



Eligibility

Girls equivalent to 6th graders to 1st-year high school students, registered residents of Tsukuba City as of the vaccination date.

This notification is sent to those who have not been vaccinated with the third dose of the HPV vaccine in Tsukuba City as of the end of March 2024.

※In the case you have just moved in Tsukuba City or have recently been vaccinated may receive this, even if they have already been vaccinated or possess the pre-vaccination questionnaire. In such cases, please discard this notification. For vaccination records, please confirm the Mother and Child Health Handbook(*boshi-techo*).

Subsidy period

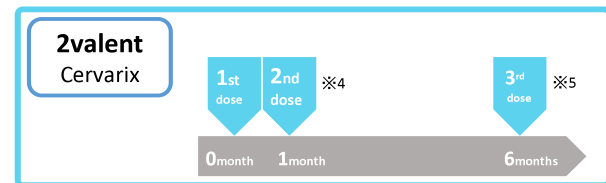
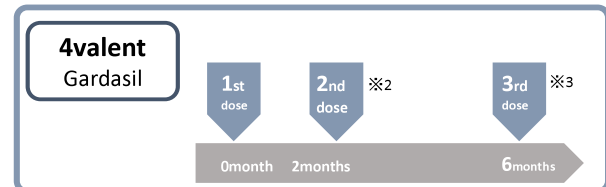
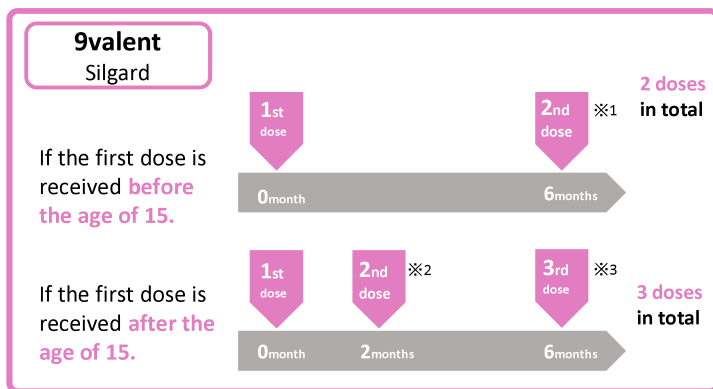
Until the end of March of the first year of high school

(If you are a first-year junior high school student in the fiscal year 2024, you can take HPV vaccination free until the end of March 2028.)

HPV vaccination schedule by vaccine type Note: As a rule, the same type of vaccine is given for each shot.

A new 9-valent vaccine was also added in April 2023.

As of April 2023



Each vaccination is recommended to be completed within one year.

※1 The interval between the 1st and 2nd doses should be at least 5 months. If the interval is less than 5 months, 3rd dose will be required.

※2-3 If the 2nd dose cannot be administered 2 months after the 1st dose and the 3rd dose cannot be administered 6 months after the 1st dose, the interval between 1st and 2nd doses should be at least 1 month (※2), the interval between 2nd and 3rd doses should be at least 3 months.(※3)

※4-5 If the 2nd dose cannot be administered 1 month after the 1st dose and the 3rd dose cannot be administered 6 months after the 1st dose, the interval between 1st and 2nd doses should be at least 1 month(※4), the interval between 1st and 3rd doses should be at least 5 months and the interval between 2nd and 3rd doses should be at least 2 and half months(※5).



Tsukuba City website

Place

(1) Tsukuba City Immunization Cooperative Medical Institutions

(Please visit city's website.)

(2) Ibaraki Prefecture Wide-Area Immunization Program Cooperating Institutions

(Please visit the Ibaraki Prefecture Medical Association website)

※ If you wish to receive vaccinations at medical institutions other than those mentioned above, the procedures are required in advance. It takes approximately 10 days to issue the request form, so please apply well in advance.

How to get vaccinated

(1) Make an appointment at a medical institution.

(2) Please bring the following to the medical institution on the day of vaccination.

- ① Maternal and Child Health Handbook
- ② Pre-vaccination questionnaire (enclosed)
- ③ Insurance card or documents for verifying age and address.
- ④ Letter of authorization

(Only in the cases where a parent or guardian cannot accompany the child, ask a grandparent or someone else.)

Please be sure to read the information on the effectiveness and side effects of the HPV vaccine on the Ministry of Health, Labor and Welfare website, as well as the instructions on the back of the pre-vaccination questionnaire and the enclosed leaflet.

Contact : Vaccination and Infectious Control Management Office

Phone number 029-883-1111 (switchboard)

The Human Papillomavirus (HPV) vaccination

More information about HPV vaccine is available on the website of the Ministry of Health, Labor and Welfare. Please confirm the effectiveness and side effects.



Precautions for the vaccination

Get vaccinated when you are in good health.

It takes about 6 months to complete the 2nd or 3rd dose after the initial vaccination. Please make a plan to complete the vaccination within subsidy period. After the period, the vaccination becomes optional, and you must pay the whole medical cost.

If you have any health problems or concerning symptoms after the 1st or 2nd dose of the vaccine, consult a doctor. In such cases, you can choose to discontinue further vaccinations.

When receiving vaccinations, a parent or guardian accompaniment is required. If a parent or guardian unavoidably cannot accompany, a letter of authorization is required. You can find the letter of authorization form on the City's website.

Consultation service for HPV vaccination

After receiving the HPV vaccine, common side effects may include fever, pain or swelling at the injection site, pain from the injection, stress or anxiety, and fainting triggered by pain.

After vaccination, various symptoms have been reported such as pain spreading or radiating, difficulty in moving limbs and involuntary movement (parts of the body moving on their own without intent). If you have such symptoms, please consult.

(These various symptoms are reported in a certain number of cases even among those who have not received the vaccine.)

① When you have any concerning symptoms after the vaccination

First, please consult with the doctor who administered the vaccination or your family doctor. If you wish to consult with "cooperative medical institutions for side effects after HPV vaccination" please inform your doctor about it.

② When you have concerns, questions, or problems

【Ibaraki Prefecture Consultation Service 茨城県保健医療部感染症対策課】

Reception Hours : Monday to Friday 8:30 a.m. - 5:15 p.m.

(Excluding holidays and year-end/ New Year holidays)

▷ About medical and relief matters

Ibaraki Prefecture Health and Medical Department, Infectious Disease Control Division

Phone number: 029-301-3219 (Only available in Japanese)

▷ About school life

Ibaraki Prefecture Board of Education, School Education Department,
Health and Physical Education Division, Health Education Promotion Office.

茨城県教育庁学校教育部保健体育課健康教育推進室

Phone number: 029-301-5349 (Only available in Japanese)

③ HPV Vaccine Consultation Service of the Ministry of Health, Labor and Welfare

Reception Hours : Monday to Friday 9:00 a.m. ~ 5:00 p.m.

(Excluding holidays and year-end/ New Year holidays)

※ We don't accept opinions or questions about the government administration.

※ The consultation service is operated by a private company contracted with the Ministry of Health, Labor and Welfare.

④ Other inquiries about vaccinations

Vaccination and Infection Control Measures Office Phone number 029-883-1111