

## Notice on MR (1st Term Vaccination) and Chickenpox Vaccination

Dear Parents / Guardians:

### **Vaccinate your child with MR (measles/rubella) and chickenpox on his/her first birthday**

Please read the booklet *Vaccination and Children's Health* carefully and learn about the effects and the side effects before vaccination.

#### ■ Measles and Rubella Combined Vaccine

Target Ages	<b>12-24 months (through the day before two-year-old birthday)</b>
Frequency and Type	One dose of Measles-Rubella Combined Vaccine (MR Vaccine) Note: If you need separated vaccines, please consult your child's doctor.

- The second vaccination should be given one year before entering elementary school (at preschool age). A notice will be sent around the time for the vaccination.
- Children who have already been infected with either measles or rubella can also receive MR combined vaccine.

#### ■ Chickenpox

Target Ages	<b>12-36 months (through the day before three-year-old birthday)</b>
Frequency and Type	<b>Two doses</b> *With an interval of at least three months after the first dose <b><u>Recommended Age Range</u></b> First dose: 12 months to the day before turning 15 months old Second dose: Between 6-12 months after the first dose

- Children who have been infected with chickenpox already may not be subsidized for chickenpox vaccine.
- Please note that a notice for the second dose will not be sent. Make sure with the schedule and do not fail to give the vaccine.

\*\*\*\*\*Please Turn Over\*\*\*\*\*

■ **Place for Vaccinations:** The designated medical facilities

- Make a reservation before you visit.
- The directory of the medical facilities for vaccination is on the booklet *Life Plan Sukoyaka*. The directory of chickenpox vaccination is enclosed with this letter.
- If you would like to vaccinate your child at a facility not on the list, please contact us.

■ **Fees:** Free

Please note that you may be charged the whole costs for vaccinations received outside of Ibaraki Prefecture.

■ **Notes:**

- If you plan to provide other vaccines simultaneously, consult your child's doctor.
- The child must be accompanied by his/her parent or guardian. If you cannot take your child for vaccination on your own, you need to submit a letter of attorney. Please check the City's website or contact Vaccination and Infection Control Measures Office for more details.
- Life Plan Sukoyaka* is available at City Hall, the public health centers and community centers or can be downloaded from City's website.

■ **Contact** ■

Vaccination and Infection Control Measures Office  
029-883-1111 (Main number)

## Check Your Child's Vaccination Record!

**Vaccinations to be given before 1 year old.  
The number of injections required.**

Vaccine	Doses to be completed by 12 months of age	Eligible Age for Routine Vaccination
Hib	Three doses maximum (*) for the 1st Term Vaccination	From 2 months through the day before 5-year-old birthday
Pneumococcus	Three doses maximum (*) for the 1st Term Vaccination	From 2 months through the day before 5-year-old birthday
Hepatitis B	Three dose	Before 1-year-old birthday
DPT+IPV	Three doses for the 1st Term Vaccination	From 3 months through the day before becoming 7 years and 6 months old
BCG	One dose	Before 1-year-old birthday

\*1: The frequencies for Hib and Pneumococcus vaccinations vary depending on the age of the first dose. The table above shows the numbers of doses for children who started vaccination between 2-6 months old.

If your child has not completed the required number of doses or has not started at all yet, consult your child's doctor and make a vaccination plan.

### Check the appropriate timings for the additional doses!!

If your child started the 1st Term Vaccination of Hib, Pneumococcus or DPT+IPV at the beginning of the eligible age, it is recommended to provide the additional vaccinations soon. Check the dates of the third doses of the 1st Term Vaccinations. The table below shows the standard ages for the additional vaccinations. **We recommend the vaccinations within the standard age range for your child.** The additional doses are important to keep the immunity for a long period. Do not miss the additional doses.

Vaccine	Additional Vaccination Recommended Age
Hib	<b>Interval: At least 7 months after the <u>1st Term</u> Vaccination</b> <b>Recommended Age: Between 7-13 months after the 1st Term Vaccination</b>
Pneumococcus	<b>Interval: At least 60 days after the <u>1st Term</u> Vaccination</b> <b>Recommended Age: 12-15 months of age (Must be one year old or older)</b>
DPT+IPV	<b>Interval: At least 6 months after the <u>1st Term</u> Vaccination</b> <b>Recommended Timing: 12-18 months after the 1st Term Vaccination</b>

Note: The recommended ages for Hib and Pneumococcus indicated in the table above are for children who started the vaccinations at 2-6 months of age.

\*\*\*\*\*  
Please refer to the City's website, *Life Plan Sukoyaka, Vaccination and Children's Health*, or the website of Labour and Welfare Ministry for more information on vaccinations.  
\*\*\*\*\*