

Notice : Measles and Rubella (MR) Vaccination (2nd term)

Provisional Translation

Children, one year before entering elementary school (in their final year of kindergarten or day-care center) are eligible for the MR Vaccination (2nd term). Measles and Rubella are highly contagious diseases. Vaccinations are very important to protect children's health and to prevent the spread of infection to other people. Before the vaccination, please carefully read the booklet, 'Vaccination and Children's Health' and fully understand the effectiveness and side effects of the vaccines, and please have your child/children vaccinated.



Tsukuba City Mascot
Captain Hookun

Eligibility

Children who are registered in Tsukuba City on the day of vaccination, and were born from April 2, 2019 to April 1, 2020

When

From April 1, 2025 to March 31, 2026
Recommended period: April - June 2025

For details on ① and ②



Where

Please make an appointment in advance.

- ① Tsukuba City Vaccination Partner Clinics
- ② Ibaraki Prefecture Vaccination Partner Clinics
- ③ Other medical institutions (prior application required)*

*If vaccinated without prior application, you will need to pay the full cost. For details, please visit the city website or contact us.

For details on ③



Fee

Free of charge

Please note that after March 31, 2026, you will be required to pay the full amount, which is approximately 10,000 yen.

What to bring

Please bring the following to the medical institution on the day of the vaccination:

Please bring the following to the medical institution on the day of vaccination.

1. Maternal and Child Health Handbook (*boshi kenko techo*)
2. Pre-vaccination questionnaire for MR vaccination (enclosed)
3. My Number Health Insurance Card or other ID that verifies age and address.
4. Letter of authorization (Only in cases where the presence of a parent or a guardian is unavoidably impossible)

Others

- We have sent this notice to eligible residents in Tsukuba City.
Please pay attention: If you have received a notice, and you are not a resident in Tsukuba City on the vaccination date (e.g., you moved out of the city), you are not eligible for subsidies and may be required to pay the full costs by yourself.
- If children have already received vaccinations twice at the age of one and older, overseas or at your own expense, they do not need this vaccination because children have antibody titers. If you wish to have them vaccinated again, please contact your doctor.
- The notice may be delivered to residents who have already been vaccinated such as those who have been vaccinated before moving to Tsukuba, or vaccinated on a voluntary basis. We apologize for the inconvenience, but please discard the notice.

**Your child will enter elementary school 1st grade next year.
The table shows the types of vaccinations and how many doses your child needs to get vaccinated before entering school.**

Check your child’s vaccination history in their Maternal and Child Health Handbook (*Boshi techo*).

Vaccines	Doses	Ages of the routine vaccinations
Hib	4 doses maximum (※1)	2 months old to under 5 years old
Pediatric Pneumococcus	4 doses maximum (※1)	2 months old to under 5 years old
DPT- IPV Combination	4 doses	2 months old to under 7 years and 6 months old
BCG	1 dose	Under 1 year old
Measles, Rubella (MR)	2 doses	Phase 1: over 1 year old to under 2 years old Phase 2: One year before entering elementary school
Chickenpox	2 doses	Over 1 year old to under 3 years old
Japanese Encephalitis	3 doses	6 months old to under 7 years and 6 months old

(※1) The number of doses of Hib and Pediatric Pneumococcus vaccines changes with the age at the starting time. The doses in the table shows when children start the vaccination from 2 months to under 7 months after birth.

If your child is past the routine vaccination age, it will be optional and fully self-paid.

※Some vaccines have age limits and may not be available even as optional vaccinations.

In case of serious side effects (health damage) after vaccination, the compensation system differs from that of routine vaccinations.

For optional vaccinations, support is provided through the **Relief System by the Pharmaceuticals and Medical Devices Agency (PMDA)**.

For details about the **Vaccination Health Damage Relief System**, please visit the Tsukuba City website via the QR code on the right.

Please see the Tsukuba City website, ‘Vaccination and Children’s Health’, or the website of the Ministry of Health, Labour and Welfare for more information of vaccinations.

Contact: Tsukuba City Health Promotion Division

| Tel: 029-883-1111 (main line) | Hours: 8:45 AM – 4:30 PM (weekdays only)
