

Important Notice for first-year junior high school girls and their guardians

Provisional Translation

We offer vaccination against the Human Papillomavirus (HPV), which can cause cervical cancer. Eligible individuals can receive the vaccination at public expense. HPV vaccination and cervical cancer screening can help prevent infection and detect precancerous changes early, reducing the risk of cervical cancer and death. Please understand the benefits and possible side effects before deciding to get vaccinated.



Eligibility

Girls equivalent to 6th graders to 1st-year high school students, registered residents of Tsukuba City as of the vaccination date.

This notification is sent to those who have not been vaccinated with the second or third dose of the HPV vaccine in Tsukuba City as of the end of March 2025.

※In the case you have just moved in Tsukuba City or have recently been vaccinated may receive this, even if they have already been vaccinated or possess the pre-vaccination questionnaire. In such cases, please discard this notification. For vaccination records, please confirm the Mother and Child Health Handbook(*boshi-techo*).

Subsidy period

Until the end of March of the first year of high school

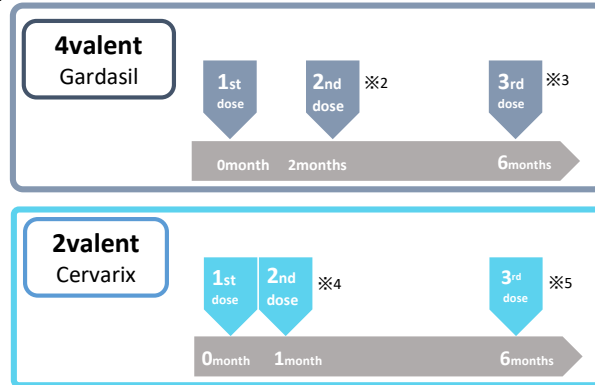
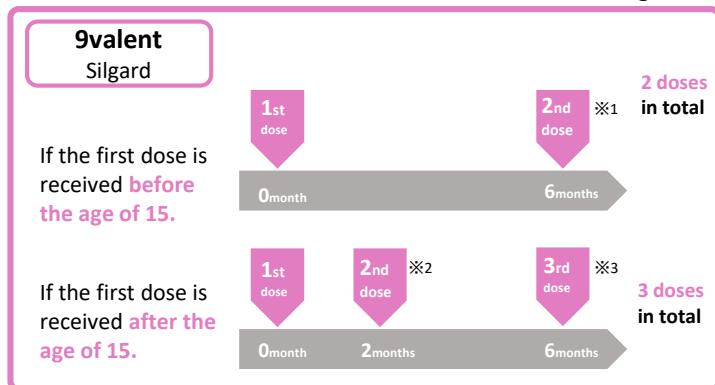
(If you are a first-year junior high school student in the fiscal year 2025, you can take HPV vaccination free until the end of March 2029.)

HPV vaccination schedule by vaccine type

Note: As a rule, the same type of vaccine is given for each shot.

A new 9-valent vaccine was also added in April 2023.

If the first dose of the 9-valent vaccine was received before age 15, only two doses are needed.



Each vaccinations is recommended to be completed within one year.

※1 The interval between the 1st and 2nd doses should be at least 5 months. If the interval is less than 5 months, 3rd dose will be required.

※2-3 If the 2nd dose cannot be administered 2 months after the 1st dose and the 3rd dose cannot be administered 6 months after the 1st dose, the interval between 1st and 2nd doses should be at least 1 month (※2), the interval between 2nd and 3rd doses should be at least 3 months.(※3)

※4-5 If the 2nd dose cannot be administered 1 month after the 1st dose and the 3rd dose cannot be administered 6 months after the 1st dose, the interval between 1st and 2nd doses should be at least 1 month(※4), the interval between 1st and 3rd doses should be at least 5 months and the interval between 2nd and 3rd doses should be at least 2 and half months(※5).

Place

- ① Tsukuba City Vaccination Partner Clinics
- ② Ibaraki Prefecture Vaccination Partner Clinics
- ③ Other medical institutions (prior application required)*

*If vaccinated without prior application, you will need to pay the full cost.
For details, please visit the city website.

For details on ① and ②



For details on ③



How to get vaccinated

- (1) Make an appointment at a medical institution.
- (2) Please bring the following to the medical institution on the day of vaccination.

- ① Maternal and Child Health Handbook
- ② Pre-vaccination questionnaire (enclosed)
- ③ My Number Health Insurance Card or other ID (to verify age and address)
- ④ Letter of authorization

(Only in the cases where a parent or guardian cannot accompany the child, ask a grandparent or someone else.)

Please be sure to read the information on the effectiveness and side effects of the HPV vaccine on the Ministry of Health, Labor and Welfare website, as well as the instructions on the back of the pre-vaccination questionnaire and the enclosed leaflet.

Contact : Tsukuba City Health Promotion Division

| Tel: 029-883-1111 (main line) | Hours: 8:45 AM – 4:30 PM (weekdays only)

The Human Papillomavirus (HPV) vaccination

More information about HPV vaccine is available on the website of the Ministry of Health, Labor and Welfare. Please check the website via the QR code on the right.



Precautions for the vaccination

Get vaccinated when you are in good health.

If you wish to receive the vaccine, plan accordingly to complete it during the designated period. After the deadline, the vaccine will no longer be free and must be paid in full.

If you feel unwell or have concerns after vaccination, consult a doctor before continuing.

Consultation service for HPV vaccination

After receiving the HPV vaccine, common side effects may include fever, pain or swelling at the injection site, pain from the injection, stress or anxiety, and fainting triggered by pain.

After vaccination, various symptoms have been reported such as pain spreading or radiating, difficulty in moving limbs and involuntary movement (parts of the body moving on their own without intent). If you have such symptoms, please consult.

(These various symptoms are reported in a certain number of cases even among those who have not received the vaccine.)

① When you have any concerning symptoms after the vaccination

First, please consult with the doctor who administered the vaccination or your family doctor. If you wish to consult with “cooperative medical institutions for side effects after HPV vaccination” please inform your doctor about it.

② When you have concerns, questions, or problems

Each prefecture has a consultation service for those who experience symptoms after HPV vaccination.

③ HPV Vaccine Consultation Service of the Ministry of Health, Labor and Welfare

For general questions about HPV and other infectious diseases.

[Ministry of Health Website]

See “Consultation List for HPV Vaccination” for more details.

Relief system for vaccine-related health issues

In rare cases, serious side effects may occur. For all approved vaccines in Japan, if treatment or long-term effects arise from vaccination, relief is available under the law. Visit the “Vaccine Health Damage Relief System” website for more information.



Vaccination Injury
Relief System