

This vaccination has been included in the routine immunization program since April 1, 2026.

RSV Vaccination

-Notice for pregnant women-

Eligibility

Pregnant women

from 28w0d to 36w6d

Only residents of Tsukuba City on the vaccination date are eligible for the subsidy.



RS virus infection is a respiratory illness caused by the respiratory syncytial virus (RSV).

Almost all infants are infected with RSV by the age of two. Infection during the first six months of life may lead to severe illness. **Receiving the RSV vaccine during pregnancy is expected to help prevent RSV-related lower respiratory tract disease and severe illness in newborns and young infants.**

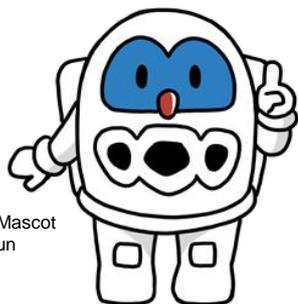
If you wish to receive the vaccination, please read the information on the back page and make sure you understand the benefits and possible side effects before receiving the vaccine.

Vaccination Location

Participating Medical Institutions

- Please make an appointment directly with the clinic in advance.
- If you receive the vaccination at a non-participating medical institution, you must apply to the city in advance.
(You may need to pay part of the cost.)

Tsukuba City Mascot
Captain Hookun



What to bring

● Vaccination Screening Questionnaire

(Provided when your Maternal and Child Health Handbook was issued)

● Maternal and Child Health Handbook

(For the baby in your current pregnancy)

● My Number Health Insurance Card or Eligibility Confirmation Document

Vaccination timing

To ensure the effectiveness of the vaccination, please plan to receive it no later than 14 days before your expected delivery date.

Tsukuba City RS Virus Vaccination Guide

Please read this guide carefully and make sure you understand the vaccine's benefits and possible side effects before receiving the vaccination.

1 About RSV (Respiratory Syncytial Virus)

RSV is a virus that causes respiratory illness, especially in infants and older adults. More than 50% of children are infected by age 1, and almost all children are infected at least once by age 2.

Symptoms usually appear 2 to 8 days after infection and include fever, runny nose, and cough. Most cases are mild and improve naturally, but some children develop bronchitis or pneumonia. In some cases, symptoms may become severe, causing wheezing or difficulty breathing. Infants under 6 months of age are more likely to become seriously ill, especially at the time of first infection.

RSV spreads more easily during certain seasons. Before the COVID-19 pandemic, it mainly spread in autumn and winter, but in recent years it has also spread in summer. RSV spreads through contact and droplets, and basic preventive measures such as handwashing are effective.

2 Effect of the Vaccination

Newborn babies have immature immune systems and cannot produce enough antibodies on their own. A maternal vaccination is given to a pregnant woman. After vaccination, antibodies produced in the mother's body pass through the placenta to the baby. As a result, the baby can have protection against the disease from birth.

3 How the Vaccine is Given and Important Notes

The RSV vaccine (Abrysvo) is given as a single 0.5 mL intramuscular injection. In addition to the medical conditions listed on the screening questionnaire, please consult a doctor before vaccination if you have ever been diagnosed with hypertensive disorders of pregnancy or have been told that you are at high risk of developing this condition.

If delivery occurs within 14 days after vaccination, there may not be enough time for antibodies to pass from the mother to the baby. Please consult your doctor about the appropriate timing of vaccination.

4 Possible Side Effects

Common side effects may include pain, redness, or swelling at the injection site, headache, muscle pain, rash, or hives. In rare cases, shock or anaphylaxis (a severe allergic reaction) may occur. If you experience any of these symptoms, please consult and seek medical care at the hospital or clinic where you received the vaccination.

5 Vaccine Injury Compensation Program

If a person who received a routine vaccination under the Immunization Act, or a child born after such vaccination, experiences health damage, compensation may be provided by the municipality if the Minister of Health, Labour and Welfare determines that the injury was caused by the vaccination.

If it becomes necessary to apply for the relief program, please consult the doctor who examined you or Tsukuba City.



⟨References⟩

This document was prepared based on materials published by the Ministry of Health, Labour and Welfare, including “Information on Routine RSV Vaccination (Maternal Immunization Vaccine),” the Ministry of Health, Labour and Welfare website, and the Pfizer Abrysvo Intramuscular Injection package insert.