

## The Human Papilloma Virus (HPV) Vaccine Precautions and Vaccination Certificate

ヒトパピローマウイルス予防接種後の注意事項及び接種済証

- ① You should monitor your or your child's health to see if there are any changes during the first 24 hours after vaccination. Please be extra careful for a sudden change in health during the first 30 minutes.
- ② If you or your child has an unusual reaction on the site of injection or if you notice any changes to your or your child's health, you should see your or your child's doctor.
- ③ Keep the site of injection clean and avoid intense exercises on the day of vaccination.
- ④ You or your child may take a bath after vaccination.

**■Side effects■** Please refer to the leaflet issued by the Ministry of Health, Labour and Welfare (MHLW). (Available in Japanese only)

Some side effects include pain, warmth, swelling and redness at the site of injection. Other symptoms such as muscle pain, fatigue, discomfort, chill, headache, high temperature may be developed but these should disappear within a few days. Very rare and severe side effects include severe allergic reactions and reactions of nervous system.

**■Contact information for HPV vaccine inquiry ■**

• If you or your child develops any unusual symptoms;

→ Talk to the doctor who gave the vaccination, your doctor or an affiliated healthcare facility for HPV vaccine side effects.

N.B. Before visiting an affiliated healthcare facility, talk to the doctor who gave the vaccination or your doctor first.

• If you have any questions regarding the relief program for health damage caused by vaccination;

→ Inquire at the Health Promotion Division of Tsukuba City Hall

If the vaccination is recorded in the Mother and Child Health Handbook, the certificate below can be left blank.

HPV Vaccination Certificate			
Address: _____			
Name: _____			
Date of birth: _____ / _____ / _____ (yyyy/mm/dd)			
Number of doses	Date of vaccination 接種年月日	Name of the healthcare facility 医療機関名	Name of the vaccine and its lot number ワクチン名/ロット
1st dose			
2nd dose			
3rd dose			

N.B. If the vaccination cannot be recorded in your or your child's Mother and Child Health Handbook due to loss or other reasons, please bring this form with you for your next dose or doses.

You can use this form as proof of your vaccination so please keep it safe.

**Contact information:**

Vaccination and Infection Control Measures Office of Tsukuba City

Phone: 029-883-1111 (main number)



← HPV vaccine information available on the MHLW website

(Available in Japanese only)

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