



ヒトパピローマウイルス（HPV） 定期予防接種のお知らせ

Notice on Human Papilloma Virus Vaccination

【Regular vaccination period】

Until the end of the school year of the 1st grade of
high school.

This notice has been sent to individuals in Tsukuba City for whom no record of a second or third dose of the HPV vaccine could be confirmed as of the end of March 2026.

If you have already completed the vaccination (for example, after moving into the city), you are not eligible for routine vaccination. In that case, please disregard this notice.

< Contacts >

Health Promotion Division, Tsukuba City

☎029-883-1111

The number of HPV vaccine doses depends on the age when vaccination is started.

Please consult your doctor for details.

It takes about 6 months to complete the vaccination.

Please receive the first dose by September 2026.

What to bring :

- Maternal and Child Health Handbook
- My Number health insurance card or other ID (showing age and address)
- Vaccination questionnaire form

You must be registered as a resident of Tsukuba City on the day of vaccination to receive the subsidy.

If you do not have a Tsukuba City vaccination questionnaire form, please apply for one in advance.



Place :

- ① Tsukuba City Vaccination Partner Clinics
- ② Ibaraki Prefecture Vaccination Partner Clinics
- ③ Other medical institutions (prior application required)*



*Note: If you receive the vaccination without applying, you will have to pay the full cost.

For details, please visit the city website.

The HPV vaccine helps prevent HPV infection. Starting at age 20, cervical cancer screening can detect precancerous changes early and allow for early treatment. Together, vaccination and screening are expected to reduce the number of cervical cancer cases and deaths. Please consider getting vaccinated after understanding the benefits and possible side effects.



Note: After the routine vaccination period, you will need to pay the full cost.
It costs about 30,000 yen per dose.

Q: What is cervical cancer?

Cervical cancer is a type of cancer that develops in the cervix, the lower part of the uterus. In Japan, approximately 10,000 women are diagnosed with cervical cancer each year, and about 3,000 women die from the disease.

It is also a cancer that occurs relatively often in younger women. The number of patients begins to increase from their 20s, and each year, around 1,000 women lose their

Q: What is the HPV vaccine?

The HPV vaccine is a vaccine that prevents infection with HPV, the virus that can cause cervical cancer.

From fiscal year 2026, only the 9-valent vaccine (SILGARD®) is available as a routine vaccination.

However, if the first dose is given before age 15, the vaccination series can be completed with two doses.