



ヒトパピローマウイルス (HPV)
定期予防接種のお知らせ

Notice on Human Papilloma Virus Vaccination

【Regular vaccination period】

From 6th grade of elementary school to the end of 1st grade of high school. (Standard vaccination period: First year of junior high school)

< Contacts >

Health Promotion Division, Tsukuba City

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HPV routine vaccination is available from the 6th grade of elementary school.

- The standard vaccination period is the 1st year of junior high school. Tsukuba City will send the vaccination questionnaire form around the end of May in the 1st year of junior high school.

If you wish to receive the vaccination before the questionnaire form is sent, you must apply in advance to receive the form (at the counter, online, or by mail). If you apply at the counter, please bring your Maternal and Child Health Handbook and visit the Health Promotion Division at City Hall or the Oho, Sakura, or Yatabe Health Centers.



※Note: Only those who are registered as residents of Tsukuba City on the day of vaccination are eligible for the subsidy.

【About the HPV vaccination】

The HPV vaccine has been recommended again since April 2022.

For details, please check the Ministry of Health, Labour and Welfare website using the QR code on the right.



The HPV vaccine helps prevent HPV infection. Starting at age 20, cervical cancer screening can detect precancerous changes early and allow for early treatment. Together, vaccination and screening are expected to reduce the number of cervical cancer cases and deaths. Please consider getting vaccinated after understanding the benefits and possible side effects.

Q: What is cervical cancer?

Cervical cancer is a type of cancer that develops in the cervix, the lower part of the uterus. In Japan, approximately 10,000 women are diagnosed with cervical cancer each year, and about 3,000 women die from the disease.

It is also a cancer that occurs relatively often in younger women. The number of patients begins to increase from their 20s, and each year, around 1,000 women lose their uterus due to treatment by their 30s.

Q: What is the HPV virus?

HPV is a virus that infects the skin and mucous membranes, and there are more than 200 types.

It is estimated that 80–90% of cervical cancer cases are caused by HPV infection. HPV is also thought to be related to the development of other cancers, such as anal and vaginal cancer, as well as many other conditions, including genital warts.

Q: What is the HPV vaccine?

The HPV vaccine is a vaccine that prevents infection with HPV, the virus that can cause cervical cancer.

From fiscal year 2026, only the 9-valent vaccine (SILGARD®) is available as a routine vaccination.

If the first dose is given before age 15, the vaccination series can be completed with two doses.