

Month Day 2026

Inquiry number:



This is the number used when making inquiries or online applications.

Mayor of Tsukuba Tatsuo Igarashi
(Official seal omitted)

<QR code for online application>



You can apply online.

Please log in using the inquiry number and password (8-digit date of birth) listed in the upper right corner of this document, and complete the online application.

*If you apply online, you do not need to return the Letter of Confirmation.

Guidance Regarding Tsukuba City's Cost-of-Living Crisis Relief Payment for Residents

*Please keep this notice for your records and do not return it.

The city will provide benefits to support the lives of residents affected by rising prices.

Eligible recipients

Those eligible to receive benefits are individuals who meet all of the following criteria.

- (1) Persons who are registered residents of Tsukuba City as of the reference date (February 1, 2026)
- (2) Persons born on or before April 1, 2007

Beneficiary

The head of the household to which the eligible recipient belongs (as of February 1, 2026)

Payment amount

5,000 yen per eligible recipient

Application method

***Please check the eligibility requirements and only apply if your household includes eligible recipients.**

Online application ➡ Please check the attached document "How to apply online."
or

Mail application ➡ Please check the back of this document.

Application deadline

Friday, July 31, 2026

(Valid if postmarked on the same day)

Contact information

Tsukuba City Cost-of-Living Crisis Relief Payment Call Center

Phone: **0120-164-417**

(8:45-16:30 *Excluding Saturdays, Sundays, and public holidays)

Please be sure to check the procedures on the back as well.

How to apply

<For those using the online application>

Please refer to the attached document "How to apply online"

<For those using the mail application>

[Documents to complete and submit]

Letter of Confirmation	If you wish to have the payment transferred to the head of the household's account	If the head of the household wishes for the money to be transferred to the account of a representative for the same household
(1) Eligible recipients and payment amounts	Please check.	
(2) Recipient's signature [Pledge and consent]	Please fill in the name of the head of household, etc.	
(3) Bank transfer account	Please fill in the account information for the head of household.	Please fill in the account information for the representative of the members of the same household.
(4) Power of Attorney	—	Please fill it out.
Documents for submission	<ul style="list-style-type: none"> • Letter of Confirmation • Copy of the head of household's identity verification document • Copy of the document that can verify the bank transfer account 	<ul style="list-style-type: none"> • Letter of Confirmation • Copy of the head of household's identity verification document • Copy of the document that can verify the bank transfer account • Copy of the representative's identity verification document

Identity verification document (copy)

Examples: My Number Card (photo side only), driver's license (driving record certificate), Health Insurance Eligibility Certificate, Physical Disability Certificate, pension handbook, passport, Residence Card (front and back), Special Permanent Resident Certificate (front and back), etc.

*Notification cards for My Number (without photo) cannot be used.
*Please do not enclose the back side of your My Number card.

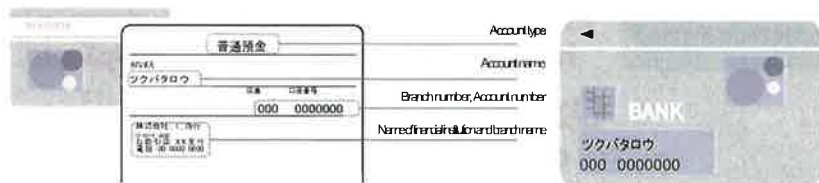
*Identity verification documents
With profile picture
→ Only 1 document
No profile picture
→ 2 documents required

Copy of the document that can verify the bank transfer account

Required items

- Name of financial institution and branch name (Branch code)
- Account number
- Account name (Japanese *kana*)

*For online banking users, a screenshot of the screen showing the account information is also acceptable.



***If you have any questions, please contact us.**

Other matters

- Received Letters of Confirmation will be reviewed in order. (We will contact you if there are any deficiencies.)
- The transfer of benefits will be carried out sequentially 3 weeks to 1 month after acceptance, but this may vary depending on congestion and other factors.
- The entry will appear in your bankbook as "ツクバシセイカツシエン" (Tsukuba Shi Seikatsu Shien - Tsukuba City Livelihood Support).
- We will not send a payment decision notice. Please check your own records to confirm whether the payment has been transferred.